

May 2025 Treasure Valley Intergroup Newsletter



Slippery When Wet

“Our primary purpose is to stay sober & to help others achieve sobriety.”



TVICO Central Office will be closed on May 9th and 10th so staff can attend the Spring Assembly.

Office Hours
10AM - 5PM Mon-Fri
10AM - 3PM Sat
TVICO Address
1111 S. Orchard St.,
Suite 180 (Next to Kootenai)
Boise, ID 83705

Intergroup Info

Business Meeting: 2nd Thursday Monthly
Meeting Type: Hybrid
In Person Location: Clubhouse near 8448 Rifleman Dr. Boise
Parking available in the lot or on the street
Contact Intergroup for Zoom information



5th Month, 5th Step of AA

Step 5 of Alcoholics Anonymous involves openly admitting to God, yourself, and another person the exact nature of your wrongs. This step builds upon the self-examination of Steps 1-4, moving from internal reflection to external accountability and preparing you for making amends in subsequent steps. It emphasizes honesty and integrity in the recovery process.

Key aspects of Step 5:

Admitting to Yourself:

Honesty and a deep self-evaluation of your mistakes are crucial.

Admitting to God (Higher Power):

Connecting with your higher power through prayer or meditation, acknowledging your wrongs.

Admitting to Another Person:

Sharing your wrongs with a trusted individual (like a sponsor) allows for accountability and release of the burden.

Specific Details:

Step 5 requires you to go beyond general categories of character defects and recall specific instances of your flaws.

Purpose of Step 5:

To acknowledge past mistakes, let go of old behaviors, and begin the process of making amends.

Benefits of Step 5:

Increased Honesty and Openness: Breaking down denial and embracing vulnerability.

Accountability and Responsibility: Taking ownership of past actions.

Spiritual Connection: Strengthening your relationship with your higher power.

Release of Burden: Unburdening yourself through sharing and receiving forgiveness.

Foundation for Future Recovery: Building a foundation of honesty and courage for future relationships.

Normally, on the next 3-5 pages, you would read the April Intergroup minutes and financials. Unfortunately, in May, because of the Assembly and other family commitments, we were unable to collect a quorum of seven people to vote on disapproval or approval. We will add them to either the next newsletter or as soon as we can.

Thank you for your patience,
Your SWW Newsletter Editor,
Lauri H.

I'M NOT ASHAMED TO BE
IN RECOVERY.
I GOT SOBER.
KEEP THE PLUG IN THE JUG
THAT MAKES ME ONE OF
THE FEW WHO IS SURVIVING
ADDICTION.

Me thinking about how my
ancestors passed down
alcoholism instead of
money and land





TV TAC ANNUAL FUNDRAISER Summer Picnic and Cookoff Contest

Saturday June 7th 10:30AM-1:00pm

Veterans Park Under the Pavilion: 930 Veterans Memorial Pkwy Boise



GROUP EVENT- COOKOFF

Do you make the best main dish on the planet?

Is your secret potato recipe something delicious?

Are your desserts divine?

Then get with your group and join the 3rd Annual Cookoff Contest!

*One 1st prize winner for each category
AND a People's Choice Award!*

**\$5 = general admission for hamburger/hotdogs and potluck
Cookoff Sampler \$2 = 4 tickets** (first come, first served- sold at event)

- **Potluck Proud** - bring your favorite dish/Snack
Main Pavilion & surrounding area!
- 50/50 Raffle drawing, Basket Auction, LIVE MUSIC!
- Expanded Kids zone and playground for Youth & Additional fun for adults courtesy **BACYPAA!**
- **Basket Bonanza** donations fund books and other supplies for Treatment, Accessibility & Corrections

*See reverse for Group Cookoff info Joslynn M joslynn.micklus@gmail.com
612.704.2683 & Ticket sales / Donations Information Contact Vivian
208.866.7729 Treasurer@tvta.com with questions*

GROUP INFORMATION FOR COOKOFF

This idea was born in 2023 (TY Michelle) and OMG has the food rocked! It gives group members a chance to bond while showing off cooking/grilling skills!

HOW IT WORKS:

- Each group signs up with Joslynn and states which category participating in. (contact front side)
- Group meets ahead of time to prep their submission and comes ready with final food.
- Group member participants can be 1+ people but the more who share in the fun, the better!
- Decorated tables and/or costumes get bonus points
- Picnic attendees drop a ticket into group can and then get a sampler. \$2= 4 sampler tickets
- One food judge for all three categories
- Tickets will be counted at the end also for "People's Choice" Award so make sure group members and friends come to the picnic to support you!
- Plates, forks, spoons, napkins, small "sampler" dishes trash bags will be provided by TAC
- When your submission food is gone, people will just have to move on! First come, first served

CATEGORIES:

- 1st place for **BEST MAIN Dish** tasty ingredients in the burger? Vegan? Special sauce or toppings?
 - Burger/BBq/ Secret Family Recipe are made into 1 individual serving = 1 Ticket
 - Example-Plan about 15 hamburgers as of now 60 pcs- will update as general admission tickets sell
- 1st place for **BEST POTATO/Veggie**: French fries with dip? Potato salad? Baked? Au Gratin?
 - There will be small sampler serving 1 ticket = 1 sampling
 - Plan for about 60 small sample servings- will update as general admission tickets sell
- 1st place for **BEST DESSERT**: pudding? Cake? Cookies? Bakes?
 - There will be small sampler serving 1 ticket = 1 sampling
 - Plan for about 60 small sample servings- will update as general admission tickets sell
- Peoples Choice Award- highest number of tickets in their can wins at the end!

THINGS TO KNOW:

- Pick a lead person for your group so communication can happen with Picnic Committee
Let Joslynn M. (612-704-2683) know category and main contact person.
- NOTE- Food tables are limited so if you can bring a table, let Andrew and Michell know also!!!!
- Food for submission is 100% sponsored by the group
- There is only 1 big grill which will be busy with generic hamburger/hotdogs (vs Group Specialty Submissions) and there is no electricity so groups should plan accordingly. Prep ahead, cook ahead, maybe even grill ahead or bring portable.
- Once your group signs up- we will shoot you over a one-sheet with some checklist ideas

General Info Travis G. 801.347.9368 chair@tvttac.com

Basket donation info Michelle B. michelle@michelle-bain.com 310.283.3164!

GROUP INFORMATION FOR AUCTION BASKET

We will be auctioning off Group Donated Baskets this year too! Ready baskets can be delivered to TVICO up until June 3 or can be brought directly to picnic.

TVICO: 111 S Orchard St #180 Boise, ID 83705

BACYPAA INVITES YOU TO THE

MEMORIAL DAY

BBQ

BRING A SIDE DISH



SAT. MAY 24TH



ELM GROVE PARK

STARTS AT 01:00 PM

2200 W IRENE ST. BOISE, ID 83702

CO-HOSTED BY THE SUNLIT BEACHES
WOMEN'S GROUP

JUL 27 - AUG 3, 2025

Beacon Rock State Park
Group Campsite
Stevenson, WA



AA IN THE WOODS

29th Annual Campout



MEETINGS & FELLOWSHIP



HIKES & YOGA



POTLUCKS &
CAMPFIRE JAMS



SWIM & PADDLE
SPORTS BEACH



NIGHTLY POKER TOURNAMENTS



Scan to register at
www.AAitw.org

\$40/adult
for the week

KIDS CAMP FOR FREE

SOME
ACTIVITIES
NOT LISTED!

Contacts | Gordon N.: 206-731-973

Jordana S.: 503-518-215

Lisa B.: 503-577-127

AAITWcampout@gmail.com

More details or register online at

AAitw.org

Registration opens Feb. 1, 2025

A limited number of well-behaved dogs will be allowed at the campout this year. See the website or contact us for requirements and complete details.

MEMORIAL DAY



★ REMEMBER AND HONOR ★

"Thank you to the brave men and women who
have made the ultimate sacrifice".

