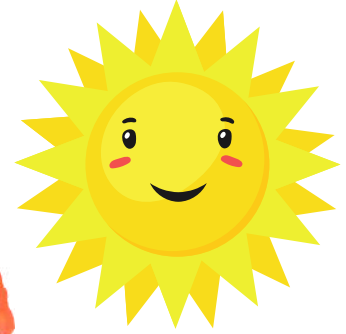


JUNE



Slippery When Wet

Treasure Valley intergroup Newsletter

“Our primary purpose is to stay sober & to help others achieve sobriety.”



Office Hours

10AM – 5PM Mon-Fri

10AM – 3PM Sat

TVICO Address

1111 S. Orchard St.,

Suite 180 (Next to Kootenai)

Boise, ID 83705

Intergroup Info

Business Meeting: 2nd Thursday Monthly

Meeting Type: Hybrid

In Person Location: Clubhouse near 8448 Rifleman Dr. Boise

Parking available in the lot or on the street

Contact Intergroup for Zoom information

6th Step and Tradition of AA

Some AA themes to think about this sixth month!

Stepping into the Sunlight: WE emphasize moving towards openness, honesty, and self-acceptance in recovery, often symbolized by the idea of coming out of the darkness of addiction.

Freedom Through Sobriety: Discuss the newfound freedom that sobriety brings – freedom from the physical and mental chains of alcohol, as well as freedom to pursue a healthier and more fulfilling life.

Living in the Present: Emphasize the importance of staying focused on the present day and avoiding the anxieties of the past or future. Encourage members to live "one day at a time" and find peace in the present moment.

Change and Changing People: This theme focuses on the process of personal growth and transformation that happens in recovery, both for oneself and in relationships with others.

A Profound Shift in Outlook: This topic invites discussion on how recovery can lead to a more positive and hopeful outlook on life.

Spiritual Awakening: Discuss the spiritual growth and transformation that can occur in recovery, whether that is through a connection with a Higher Power or a deeper understanding of oneself.

Approved

Treasure Valley Intergroup Meeting Minutes
April 10th, 2025

- Meeting opened at 6pm - Moment of Silence & Serenity Prayer
- Twelve Traditions: Tiffany
- Declaration of Unity: Brandi
This we owe to A.A.'S future to place our common welfare first; to keep our fellowship united. For on A.A. Unity depends on our lives and the lives of those to come.
- Intergroup Statement of Purpose: Stephanie
 - a. *Fostering and encouraging AA unity and cooperation among Idaho Area 18 AA Groups to raise funds to provide for the viability of a Central Office.*
 - b. *Guiding the operation of TVICO through its subcommittee known as the TVICO Steering Committee.*
 - c. *Furthering the AA program in accordance with the Twelve Traditions of Alcoholics Anonymous.*
 - d. *Providing a 24-hour hotline Answering Service.*
 - e. *Publishing a monthly Newsletter.*
 - f. *Maintaining a list to volunteers to accept 12-Step calls.*
- Birthdays:
- Roll Call: Brandi G., IG Secretary, Ryan P., Chair, Richard Co-Chair & IGR Council/Cambridge/Weiser, Lauri H., Newsletter, Tiffany, District 5 Rep & Noon Awakenings, IGR, Stephanie D., R U Willing, IGR, Krash, Happy Hour, IGR, Doug P., Steering Committee Chair, Avalon, On the Rocks, IGR, Mattie, Rule 62, IGR
- Secretary Report: Brandi G., March minutes, Avalon motioned/Tiffany 2nd, minutes pass
- Treasurer Report: Ryan P., March report, Brandi motioned, Trish 2nd, treasurer report passes
- Elections for Intergroup: Entertainment Chair, CPC/PI Chair - remain open ***request to continue announcing at meetings attend***
- Intergroup Chair/Co-Chair: Ryan P. – see attached report
- Activity Coordinator Report: n/a
- Bylaw Committee Report – Final review presented to group, see suggested amendments below
- Newsletter Editor: Lauri H., confirmed removal of bounce back emails after a 2nd return
- Hotline Answering Service: Ken not present
- TAC Representative: Ryan P., see attached report from Kimmie P.
- CPC/PI Representative: N/A (OPEN)
- Central Office Financial Report: See attached March report
- YPPA: Not present
- Steering Committee Chair: Doug P., see attached report
- Group Representatives: Mattie, Rule 62 Tu/Thurs 7:30pm @ New Creations and Sat. 8am., Sun BB Meeting & Monday Discussion @ 7:30pm at United Methodist in downtown Middleton. Speaker/Potluck/Birthday meeting on last Thursday, going away party for homegroup member, Eloise, Hawaiian theme. Richard T., Council, M & W at 8pm in Council, Cambridge on Thurs. @ 7pm, 7th Day Adventist Church, Weiser W, Sat, Sun @ 7pm, Ontario Spanish speaking

meeting Thursday @ 7 pm at the Catholic church. Stephanie, R U Willing, meets on Tuesday nights at 6:30 pm @ 55 Midland Blvd. Nampa. Avalon, On the Rocks, meetings every day at 6 pm, speaker Nancy F. on the 1st Saturday of May, with Tacos for dinner @ 5 pm, speaker at 6 pm. Krash, Red House Happy Hour, M-Sun, Noon, 8, 5:30 & 10 pm, moved rooms in the basement of Wells Fargo Bank. Tiffany, District 5 & Noon Awakenings, "I am Responsible" service event, 229 Franklin Rd. is the new address for the "Bowling Alley Meetings".

- Unfinished Business: None
- New Business:
 - Suggested By-Law change (4.3.a.3) Adjust both sentences to read: Will only have a tie breaking vote on Steering Committee Business (ACCEPTED)
 - Pending IG vote on suggested By-Law change, vote to accept revised By-Laws with or without amendment or table for full revision in May (GC gave suggested changes, will present again in May)
- Motion to adjourn, meeting adjourned.

INTERGROUP TREASURER'S REPORT		
June 2025		
BALANCE FORWARD 5/01/2025		\$911.87
 INCOME		
Date	Description	Amount
 EXPENSE		
Date	Description	Amount
ENDING BALANCE 5/31/2025		\$911.87
 Shared Savings Acct Balance - \$25.00		

1111 ROUTE 100, SUITE 100, WEST HAVEN, CT 06611
1111'S DRIVE RD ST
SUITE #180
PHONE ID 43705

IMPORTANT NOTICE

PRIZEOUT

Exclusive deals are only a thumbs-reach away.

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BUSINESS SHARE SAVINGS - INTERGROUP BUSINESS SHARE SAVINGS							Account No.			
Beginning Balance	+	Deposits	+	Interest Earned	-	Withdrawals	-	Service Charges	=	Ending Balance
\$25.00		\$0.00		\$0.00		\$0.00		\$0.00		\$25.00
Eff Date	Post Date	Transaction Description	Withdrawal	Deposit	Balance					
05/01		Beginning Balance			25.00					

The amount of interest earned between 05-01-2025 and 05-31-2025 is \$0.00.
The average daily balance during this period was \$25.00.
The minimum balance during this period was \$25.00.
The Annual Percentage Yield Earned for this account is 0.000%.

NONPROFIT BUSINESS CHECKING - INTERGROUP CHECKING							Account No.			
Beginning Balance	+	Deposits	+	Interest Earned	-	Withdrawals	-	Service Charges	=	Ending Balance
\$911.87		\$0.00		\$0.00		\$0.00		\$0.00		\$911.87
Eff Date	Post Date	Transaction Description	Withdrawal	Deposit	Balance					
05/01		Beginning Balance			911.87					

TVICO Intergroup Chair Report 5-6-25

1. I attended the Steering Committee meeting on 5/6/25, no quorum to vote. Minutes waiting on email votes for approval
2. Existing printer works just fine, not necessary for a new one yet
3. Server upgrade still tabled

Ryan P.

Intergroup Chair bleedbroncoblue96@gmail.com 208-685-9574

TVTAC Report for Year Ending February 28, 2025

BALANCE AT MARCH 1, 2024	\$ 10,112.26			
PINK CAN CONTRIBUTIONS		\$ 12,209.16		
GENERAL CONTRIBUTIONS	\$ 9,555.15			
(25% tax Pink Can)	\$ 2,388.79			
EXPENSES				
Alano Club rent		\$ 180.00		
Nextiva (BTG phone app)		\$ 428.39		
TVICD Storage		\$ 600.00		
USPS PO Box		\$ 182.00		
Hostinger web hosting		\$ 188.28		
IRS & State of Idaho		\$ 356.75		
Grapevines		\$ 447.00		
Literature		\$ 15,091.30		
Printing and binders		\$ 562.74		
Fall Assembly basket		\$ 100.00		
ICCU new acct regmt & checks		\$ 9.69		
Miscellaneous (parking, donuts)		\$ 17.55		
TO RESERVE FUNDS				
Travel Fund		\$ 600.00		
Annual BBQ Seed Money		\$ 1,054.25		
TOTALS		\$ 19,667.41	\$ 19,817.95	
BANK BAL. FEBRUARY 28, 2025	\$ 12,599.99			
RESERVE FUNDS				
	Beginning	Cash In	Cash Out	Ending
Pink Can	\$ 2,153.28	\$ 14,597.95	\$ 15,091.30	\$ 2,710.05
Travel Fund	\$ 0.00	\$ 600.00	\$ 400.00	\$ 200.00
Prudent Reserve	\$ 1,500.00	\$ 0.00	\$ 0.00	\$ 1,500.00
Annual BBQ Seed Money	\$ 0.00	\$ 1,054.25	\$ 229.25	\$ 825.00

2025 Financials

A Recognize text

Event Location: Veteran's Park Boise

Ticket Sales

Item Description	Price	4/23	EVENT	Count	Total
General Admission Tickets- advance sales	\$ 5.00	59		59	\$ 295
General Admission Tickets- donated tickets	\$ 5.00	35		35	\$ 175
General Admission Tickets- at door	\$ 5.00			0	\$ -
Donations outside of ticket sales					\$ -
Total Income					\$ 470

Event Expenses

Item Description	Price	EVENT	Count	Total w/tax
Park: Under Pavillion, 1/2 day rate 9am-2pm	\$ 175		1	\$ 175.00
Printing: Tickets (150 sheets/4 per sheet = 300)	\$ 0.10		150	\$ 15.00
Printing: ticket envelope inserts	\$ 0.10		15	\$ 1.50
Printing: Flyers- general single sided	\$ 0.13			\$ -
- Double sided w/cookoff instructions	\$ 0.25		200	\$ 50.00
Printing: Basket flyers, color	\$ 0.13		150	\$ 19.50
Total Expenses				\$ 261.00

End Totals

Treasure Valley Intergroup Central Office
Cash Flow
APRIL 2025

INFLOWS

Archives	\$ 990.00
TVTAC	\$ 50.00
Gross Sales	
GSO Sales	\$ 4,264.32
Non-GSO Sales	\$ 3,164.36
Meeting Schedules & NCP	\$ -
In House Merchandise	\$ 3.50
Gift Certificates	\$ -
Refunds	\$ -
TOTAL Gross Sales	\$ 7,432.18
7th Traditions:	
Home Groups	\$ 2,761.28
Individuals	\$ 113.00
District	\$ -
7th Tradition Can	\$ 40.00
Intergroup Donations	\$ -
	\$ -
TOTAL 7th Traditions	\$ 2,914.28
Miscellaneous Revenue	
Interest Income	\$ 16.25
Shipping & Handling Income	\$ -
Printing Income	\$ 130.40
Credit Card Rewards	\$ -
TOTAL Misc. Revenue	\$ 146.65
TOTAL INFLOWS	\$ 11,533.11
Cash on Hand	\$ 27,562.94
Less Liabilities Owing	\$ (2,167.57) ²
Cash Available for Operations	\$ 25,395.37
Cash Drawer	\$ 150.00
Prudent Reserves:	
Operations Prudent Reserve	\$ 20,197.99
Literature Prudent Reserve	\$ 11,000.00
Inventory on Hand	\$ 24,030.55
Amounts due from Customers	\$ 2,004.98

OUTFLOWS

Cost of Goods Sold	\$ 4,374.24
Office Expenses	
Assembly Expense	\$ -
Bank & Merchant Serv Fees	\$ 120.74
Computer/Website Maint.	\$ 254.23
Copy Machine Lease	\$ -
Coffee, Candy, Water, Etc	\$ 11.10
Contributions from TVICO	\$ 89.62
Insurance - Liability Insurance	\$ -
Office Supplies	\$ 110.02
Open House Expenses	\$ -
Over-Under	\$ (2.15)
Phone/Internet Service	\$ 164.21
Postage & Delivery	\$ -
Printing & Reproduction	\$ 67.27
Property Tax on Copier	\$ -
Professional Fees	\$ 538.50 ¹
Rent & Building Maintenance	\$ 1,483.31
Store Supplies	\$ -
TOTAL Office Expense	\$ 2,836.85
Payroll Expense	
Includes Employer Taxes	\$ 3,418.49
Work Comp Insurance	\$ -
TOTAL Payroll Expense	\$ 3,418.49
TOTAL OUTFLOWS	\$ 10,629.58
NET CASH +/-	\$ 903.53

NOTES:

¹Prof. Fees for include reconciling previous month bank statements, preparing payroll & making payroll tax deposits and/or reports, reporting & paying sales tax, review customer & vendor accounts, W2s, 1099s, annual reports, preparation & E-Filing Annual 990-EK Tax Return, & Enhanced Payroll & Log/Media Subscrip

²Liabilities Owing Includes: Vendor Invoices, payroll liabilities, credit card balance Idaho Sales Tax, and Gift Certificates.

Thank you for supporting Central Office, we couldn't do it without you!

APRIL 2025		
Date	Group Name	Amount
04/01/2025	Meridian Men's M3	150.00
04/01/2025	Sisters in Solution	13.70
04/02/2025	The Promises	70.00
04/03/2025	Marsing AA Group	25.00
04/03/2025	Rule 62	374.98
04/08/2025	Speak Easy Group	400.00
04/08/2025	Fresh Start Womens Meeting	100.00
04/09/2025	There is a Solution	386.61
04/11/2025	Meridian Men's Monday Night Stag Group	250.00
04/11/2025	Noon Awakenings	90.00
04/15/2025	No Reservations	125.00
04/16/2025	Saturday Night Live	20.00
04/16/2025	Turning Point	5.00
04/17/2025	Atheists, Agnostics & All Others	100.00
04/17/2025	7 a.m. Zoomers	100.00
04/18/2025	4th Dimension	50.00
04/18/2025	Mountain Home Group	10.00
04/23/2025	Lunch Bunch	103.48
04/29/2025	Sunday Spiritual Meeting	125.00
04/29/2025	As Bill Sees It	167.58
04/29/2025	As Bill Sees It	94.93
Total Group 7th Traditions		\$ 2,761.28

Central Office would like to thank all the Groups, Individuals, and Districts for their 7th Traditions last month.

We appreciate it so much !!!

Thank you for supporting Central Office, we couldn't do it without you!

Treasure Valley Intergroup Central Office
Cash Flow
MAY 2025

INFLOWS

Archives	\$ -
TVTAC	\$ 50.00

Gross Sales

GSO Sales	\$ 6,367.37
Non-GSO Sales	\$ 5,394.93
Meeting Schedules & NCP	\$ -
In House Merchandise	\$ 14.00
Gift Certificates	\$ -
Refunds	\$ (63.11)
TOTAL Gross Sales	\$ 11,713.19

7th Traditions:

Home Groups	\$ 4,168.55
Individuals	\$ 701.74
District	\$ -
7th Tradition Can	\$ 139.93
Intergroup Donations	\$ -
	\$ -
TOTAL 7th Traditions	\$ 5,010.22

Miscellaneous Revenue

Interest Income	\$ 4.20
Shipping & Handling Income	\$ 7.01
Printing Income	\$ 45.40
Credit Card Rewards	\$ -
TOTAL Misc. Revenue	\$ 56.61

TOTAL INFLOWS	\$ 16,830.02
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Cash on Hand	\$ 31,166.36
Less Liabilities Owing	\$ (8,464.88) ²
Cash Available for Operations	\$ 22,701.48
Cash Drawer	\$ 150.00

Prudent Reserves:

Operations Prudent Reserve	\$ 20,197.99
Literature Prudent Reserve	\$ 11,000.00
Inventory on Hand	\$ 24,807.15
Amounts due from Customers	\$ 1,198.74

OUTFLOWS

Cost of Goods Sold	\$ 7,404.58
---------------------------	--------------------

Office Expenses

Assembly Expense	\$ 1,411.76
Bank & Merchant Serv Fees	\$ 242.37
Computer/Website Maint.	\$ 1,809.00
Copy Machine Lease	\$ 254.23
Coffee, Candy, Water, Etc	\$ 96.77
Contributions from TVICO	\$ 68.82
Insurance - Liability Insurance	\$ -
Office Supplies	\$ 77.86
Open House Expenses	\$ -
Over-Under	\$ (21.56)
Phone/Internet Service	\$ 164.33
Postage & Delivery	\$ 29.20
Printing & Reproduction	\$ 138.17
Property Tax on Copier	\$ -
Professional Fees	\$ 333.30 ¹
Rent & Building Maintenance	\$ 1,483.31
Store Supplies	\$ 288.43
TOTAL Office Expense	\$ 6,375.99

Payroll Expense

Includes Employer Taxes	\$ 5,875.45
Work Comp Insurance	\$ -
TOTAL Payroll Expense	\$ 5,875.45

TOTAL OUTFLOWS	\$ 19,656.02
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NET CASH +/-	\$ (2,826.00)
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NOTES:

¹Prof. Fees for include reconciling previous month bank statements, preparing payroll & making payroll tax deposits and/or reports, reporting & paying sales tax, review customer & vendor accounts, W2s, 1099s, annual reports, preparation & E-Filing Annual 990-EK Tax Returns, & Enhanced Payroll & Log/Meln Subscription

²Liabilities Owing Includes: Vendor Invoices, payroll liabilities, credit card balances, Idaho Sales Tax, and Gift Certificates

Thank you for supporting Central Office, we couldn't do it without you!

**T.V.I.C.O.
GROUP 7th TRADITIONS
MAY 2025**

Date	Group Name	Amount
05/01/2025	How It Works - Nampa	250.00
05/06/2025	Meridian Men's M3	150.00
05/07/2025	Sobriety Seekers	960.00
05/13/2025	7 a.m. Zoomers	310.02
05/13/2025	Touchstones Men's Meeting	100.00
05/20/2025	Seekers	101.66
05/21/2025	Boise Noon Zoomers	156.00
05/21/2025	Attitude Adjustment	500.00
05/21/2025	Lydia's Table	91.00
05/22/2025	Glenns Ferry AA	50.00
05/23/2025	Noon Awakenings	49.87
05/28/2025	Sunrise Meeting Meridian	1,450.00
Total Group 7th Traditions		\$ 4,168.55

Central Office would like to thank all the Groups, Individuals, and Districts for their 7th Traditions last month.

We appreciate it so much !!!

TVICO Steering Committee Business Meeting Minutes

April 8, 2025

Zoom Meeting ID: 824 1562 0695; Password: TVICO

Open Meeting – open at 6:02 pm with the Serenity Prayer

A Declaration of Unity – This we owe to A.A.'s future; to place our common welfare first; to keep our Fellowship united. For on A.A. unity depend our lives, and the lives of those to come.

Attendees – Doug, Jen, Ryan, Richard, Teri and Lisa

Election of Officers – none at this time

Secretary Report – March 11, 2025 minutes were distributed via email. Lisa missed sending the minutes to Ryan, so Doug forwarded a copy to him. Recording started late. No recorded record of motion presented and passed, but minutes were accepted.

Reports

- Teri, accountant, presented the March 2025 financial report. Highlights are as follows: Receipts including sales – \$10,919.37 (includes 7th Tradition contributions in the amount of \$3,120.01); Total expenses – \$10,950.90; March net cash – -\$31.53; cash available for operations – \$21,013.62 (plus \$20,186.46 Operations Prudent Reserve and \$11,000 Literature Prudent Reserve). Inventory on Hand – \$28,166.48. Please see March 2025 financial report for full detail. Question raised concerning past due amount from Intermountain Hospital. Teri verified vendor account receivables are net 30 and do not flow into the 31+ days past due. This information will be passed on to Kim at Central Office. 2024 ended with TVICO in the positive \$1,402.92. 2024 income statement and balance sheet provided.
- Intergroup Chair: Ryan P. reported Intergroup has been working on Bylaw amendments (including any necessary changes to Steering Committee Bylaws). Please see New Business for more details. Received no new input from home groups, so Intergroup will proceed with voting on amendments this Thursday, April 10th.
- Intergroup Treasurer: Kimmie P. was absent, but she submitted her report via email. Intergroup checking account balance ending 3/31/25 – \$911.87. Savings account balance – \$25.00. No income or expenses reflected.
- Intergroup Co-Chair: Richard T. reported he is learning where he can be helpful.
- Store Report: Jen L. reported she has been able to go into the store at night and sign checks. Between her and Doug, information needed by the Steering Committee is being received from store employees. Lisa raised a question ie. how are events added/deleted from TVICO.net. Jen suggested Lisa call the store and inquire and report back next business meeting.

Steering Committee District Representatives Reports

- District 3 Representative: Position vacant.
- District 4 Representative: Doug P. reported the district's birthday dinner is this Saturday. They will serve spaghetti and meatballs. Attendance – approx. 75-100 people. Dinners at Thanksgiving and Christmas – approx. 200-250 people.
- District 5 Representative: Jen L. reported their Service event is this Saturday, April 12th, from 2-5 pm at their new meeting space located at 229 W. Franklin in Meridian. Potluck served. Speakers will present on various service positions – what each position entails, the importance of each position, and the time commitment required. Avalon will have an Archives table at the event. The district has secured reservations at Kleiner Park for the Unity Day picnic. More details to follow after this Saturday's event. Participation has been a challenge at prior events, so hopefully there will be more enthusiasm.

“The Next Frontier: Emotional Sobriety” by Bill Wilson

I think that many oldsters who have put our AA "booze cure" to severe but successful tests still find they often lack emotional sobriety. Perhaps they will be the spearhead for the next major development in AA -- the development of much more real maturity and balance (which is to say, humility) in our relations with ourselves, with our fellows, and with God.

Those adolescent urges that so many of us have for top approval, perfect security, and perfect romance -- urges quite appropriate to age seventeen -- prove to be an impossible way of life when we are at age forty-seven or fifty-seven. Since AA began, I've taken immense wallops in all these areas because of my failure to grow up, emotionally and spiritually. My God, how painful it is to keep demanding the impossible, and how very painful to discover finally, that all along we have had the cart before the horse! Then comes the final agony

of seeing how awfully wrong we have been, but still finding ourselves unable to get off the emotional merry-go-round. How to translate a right mental conviction into a right emotional result, and so into easy, happy, and good living -- well, that's not only the neurotic's problem, it's the problem of life itself for all of us who have got to the point of real willingness to hew to right principles in all our affairs. Even then, as we hew away, peace and joy may still elude us. That's the place so many of us AA oldsters have come to. And it's a hell of a spot, literally.

How shall our unconscious -- from which so many of our fears, compulsions and phony aspirations still stream -- be brought into line with what we actually believe, know and want! How to convince our dumb, raging and hidden "Mr. Hyde" becomes our main task.

I've recently come to believe that this can be achieved. I believe so because I begin to see many benighted ones -- folks like you and me -- commencing to get results. Last autumn [several years back] depression, having no really rational cause at all, almost took me to the cleaners. I began to be scared that I was in for another long chronic spell. Considering the grief I've had with depressions, it wasn't a bright prospect. I kept asking myself, "Why can't the Twelve Steps work to release depression?" By the hour, I stared at the St. Francis Prayer... "It's better to comfort than to be the comforted." Here was the formula, all right. But why didn't it work? Suddenly I realized what the matter was. My basic flaw had always been dependence -- almost absolute dependence -- on people or circumstances to supply me with prestige, security, and the like. Failing to get these things according to my perfectionist dreams and specifications, I had fought for them. And when defeat came, so did my depression. There wasn't a chance of making the outgoing love of St. Francis a workable and joyous way of life until these fatal and almost absolute dependencies were cut away.

Because I had over the years undergone a little spiritual development, the absolute quality of these frightful dependencies had never before been so starkly revealed. Reinforced by what Grace I could secure in prayer, I found I had to exert every ounce of will and action to cut off these faulty emotional dependencies upon people, upon AA, indeed, upon any set of circumstances whatsoever. Then only could I be free to love as Francis had. Emotional and instinctual satisfactions, I saw, were really the extra dividends of having love, offering love, and expressing a love appropriate to each relation of life. Plainly, I could not avail myself of God's love until I was able to offer it back to Him by loving others as He would have me. And I couldn't possibly do that so long as I was victimized by false dependencies.

continued from page 3:

For my dependency meant demand -- a demand for the possession and control of the people and the conditions surrounding me.

While those words "absolute demand" may look like a gimmick, they were the ones that helped to trigger my release into my present degree of stability and quietness of mind, qualities which I

am now trying to consolidate by offering love to others regardless of the return to me.

This seems to be the primary healing circuit: an outgoing love of God's creation and His people, by means of which we avail ourselves of His love for us. It is most clear that the current can't flow until our paralyzing dependencies are broken, and broken at depth. Only then can we possibly have a glimmer of what adult love really is.

Spiritual calculus, you say? Not a bit of it. Watch any AA of six months working with a new Twelfth Step case. If the case says "To the devil with you," the Twelfth Stepper only smiles and turns to another case. He doesn't feel frustrated or rejected. If his next case responds, and in turn starts to give love and attention to other alcoholics, yet gives none back to him, the sponsor is happy about it anyway. He still doesn't feel rejected; instead he rejoices that his one-time prospect is sober and happy. And if his next following case turns out in later time to be his best friend (or romance) then the sponsor is most joyful. But he well knows that his happiness is a by-product -- the extra dividend of giving without any demand for a return. The really stabilizing thing for him was having and offering love to that strange drunk on his doorstep. That was Francis at work, powerful and practical, minus dependency and minus demand. In the first six months of my own sobriety, I worked hard with many alcoholics. Not a one responded. Yet this work kept me sober. It wasn't a question of those alcoholics giving me anything. My stability came out of trying to give, not out of demanding that I receive. Thus I think it can work out with emotional sobriety. If we examine every disturbance we have, great or small, we will find at the root of it some unhealthy dependency and its consequent unhealthy demand. Let us, with God's help, continually surrender these hobbling demands. Then we can be set free to live and love; we may then be able to Twelfth Step ourselves and others into emotional sobriety. Of course I haven't offered you a really new idea -- only a gimmick that has started to unhook several of my own "hexes" at depth. Nowadays my brain no longer races compulsively in either elation, grandiosity or depression. I have been given a quiet place in bright sunshine.

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January 1958

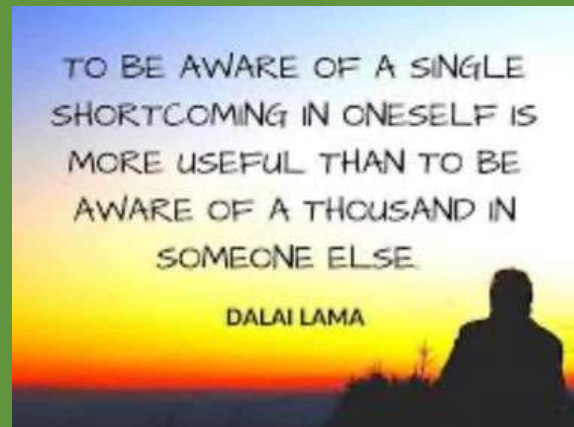
More Information Coming Soon!

August 3rd, 2025

Put it on your calendar NOW!

Lefty's Float!

Keep your eyes and ears open as Intergroup's team creates another great event. Put your cash in your pocket, we accept wet cash for raffle tickets for our beloved Central Office and promise to have great food, fun, and shall I say, the Boise River wants to get involved!



National Go Barefoot Day

Put your feet in direct contact with the Earth by going barefoot, or donate any shoes you don't wear to those who have no choice but to go barefoot.

There are a lot of things in life that we take for granted, like the shoes we wear. You might not think it, but there are a lot of things you should think about when it comes to wearing shoes and making the most of them. National Go Barefoot Day is here to help!

National Go Barefoot Day is an annual celebration taking place every summer, in which people are encouraged to kick off their footwear, let their feet breathe, and take the time to walk or run in bare feet as much as possible.

Next time you feel nervous about stepping outside your comfort zone, remind yourself, "I feel fear because it's new, not because I can't do it."

Discernment is everything.

Know when to start.
Know when to shift.
Know when to pivot.
Know when to release.

Fathers in AA

Fathers and Alcoholics Anonymous (AA)

Alcoholics Anonymous (AA) is a fellowship of individuals who share their experiences, strength, and hope to solve their common problem and help others recover from alcoholism.

1. Challenges for Fathers in AA:

Stigma and societal expectations: Fathers may face unique pressures to fulfill traditional roles of provider and protector, potentially making it harder to acknowledge their struggles with alcohol.

Time constraints and family responsibilities: Balancing AA meetings, treatment, and family obligations can be challenging, especially for single fathers or those with young children.

Guilt and shame related to parenting: Fathers may feel intense guilt and shame about the impact of their drinking on their children and families, making it harder to engage in recovery.

2. How AA Can Help Fathers:

Provides a supportive community: AA offers a safe and non-judgmental environment where fathers can share their experiences and connect with others facing similar challenges.

Offers a structured program for recovery: The 12 Steps of AA provide a framework for working through addiction and building a life of sobriety.

Focuses on personal responsibility: AA emphasizes accountability for one's actions and making amends to those harmed by one's drinking.

Promotes a spiritual approach: Connecting with a higher power can offer strength and guidance in recovery.

Encourages positive fatherhood: Through working the Steps and connecting with other sober fathers, fathers can learn to be more present, responsible, and loving parents.

3. Additional Resources for Fathers in Recovery:

Al-Anon: This fellowship provides support for family members affected by someone else's drinking, including spouses and children.

Alateen: A support group specifically for teenagers who have a parent struggling with alcoholism.

Family therapy: Can help families address the impact of alcoholism and develop healthier communication and coping skills.

Parenting programs: Offer education and support for fathers to build positive relationships with their children.

4. Important Considerations:

Sobriety is a journey, not a destination: Recovery requires ongoing commitment and support.

Seek professional help if needed: Mental health professionals can provide additional support for addressing underlying issues that contribute to addiction.

Fathers are not alone: Many resources are available to support fathers on their recovery journey and in building stronger relationships with their children and families.

Sober's sweet—I remember my own pickup lines.

AA's my gym: steps build soul.

At AA, we don't spill drinks—we spill laughs.

Sobriety is great—I don't trip over my own ego anymore.

I tried to skip an AA meeting, but my sponsor's glare was stronger than coffee.

Why's AA coffee sacred? It brews hope and humor.

PRIMARY PURPOSE POTLUCK MEETING

1800 ARLINGTON AVE, CALDWELL, ID
ST. DAVID'S EPISCOPAL CHURCH

*PLEASE JOIN US FOR OUR MONTHLY POTLUCK AND
GUEST SPEAKER MEETING!!!!!!!!!!!!!!*

JUNE 26TH 2025

GUEST SPEAKER WILL BE DAVID K. ----ALIVE AGAIN

LOADED NACHOS WILL BE SERVED (BRING A SIDE IF YOU CAN

DINNER @ 6:30----MEETING STARTS @7PM

GREAT FOOD & FELLOWSHIP!!!!

HOPE TO SEE YOU THERE!!!!!!!!!!!!



JUL 27 - AUG 3, 2025

**Beacon Rock State Park
Group Campsite
Stevenson, WA**



AA IN THE WOODS

29th Annual Campout



MEETINGS & FELLOWSHIP



HIKES & YOGA



POTLUCKS &
CAMPFIRE JAMS



SWIM & PADDLE
SPORTS BEACH



NIGHTLY POKER TOURNAMENTS



Registration &
Information

**SOME
ACTIVITIES
MAY VARY!**

\$40/adult
for the week

KIDS CAMP FOR FREE!

Contacts | Gordon N.: 206-731-8731

Jordana S.: 503.518.2151

Lisa B.: 503.577.1279

AAITWcampout@gmail.com

More details or register online at:

AAitw.org

Registration opens Feb. 1, 2025

A limited number of well-behaved dogs will be allowed at the campout this year. See the website or contact us for requirements and complete details.

Join us for the

Gem State
2025
Round Up

Awakenings
August 8-10

located at the Caldwell Elks Lodge
1015 N. Kimball Avenue
Caldwell, ID 83606

REGISTRATION IS OPEN
Reserve your spot - space is limited!
Registration starts at \$45
www.gemstateroundup.com



AA and Al Anon speakers

If I get rid of the drugs
and alcohol but don't
work on my ^{rkvry wrkz} morals,
principles and spirituality,
I'm still the exact same
person just without the
substances, and that really
defeats the main purpose

DISTRICT 5 PRESENTS
UNITY DAY PICNIC

SATURDAY, AUGUST 23rd

JULIUS M. KLEINER MEMORIAL PARK

1900 N. Records Ave., Meridian, ID – Picnic Shelter B1

12:00 – 4:00 PM | TICKETS \$5

Speaker Meetings @ 1PM, 2PM, & 3PM

Join us for food, fun & fellowship!

BRING A SIDE DISH TO SHARE + CASH FOR 50/50 RAFFLE!

Contact Tina F. (208-809-7474), Jen A. (208-380-0332), Jen L. (702-686-7807),
Melissa B. (208-407-1040), or Lena C. (208-957-2009) with any questions!

