

# Slippery When Wet

## Treasure Valley Intergroup Newsletter

*“Our Primary Purpose is to Stay Sober and to Help Other Alcoholics Achieve Sobriety”*

### Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



**1** *Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.*



**2** *Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.*



**3** *Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.*



**4** *Find out about the special holiday parties, meetings, or other celebrations*

given by groups in your area, and go. If you're timid, take someone newer than you are.



**5** *Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.*



**6** *If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.*



**7** *Don't think you have to stay late. Plan in advance an "important date" you have to keep.*



**8** *Worship in your own way.*



**9** *Don't sit around brooding. Catch up on those books, museums, walks, and letters.*



**10** *Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."*



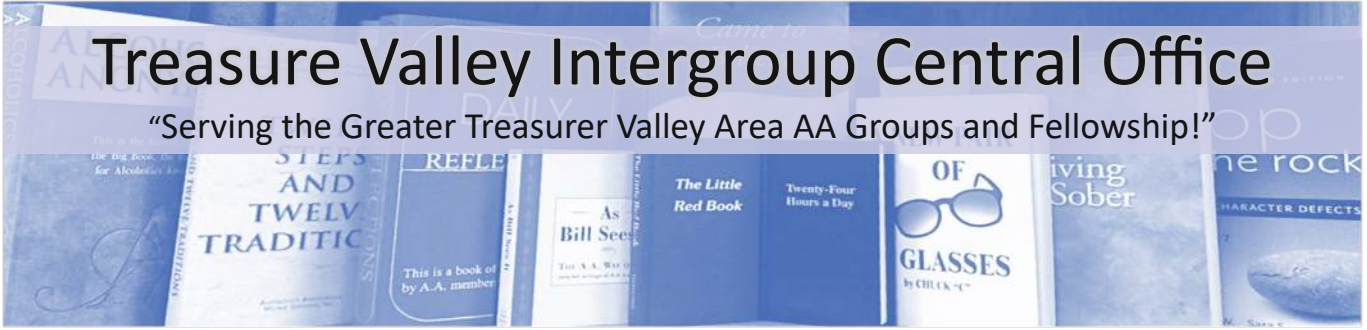
**11** *Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.*



**12** *"Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.*

# Treasure Valley Intergroup Central Office

"Serving the Greater Treasure Valley Area AA Groups and Fellowship!"



1111 South Orchard Street, Suite 180  
Boise, Idaho 83705  
(208) 344-6611  
tvcentraloffice@tvico.net

TVICO website: [tvico.net](http://tvico.net)

Idaho Area 18 website:  
[www.idahoarea18aa.org](http://www.idahoarea18aa.org)

## *Regular Office Hours*

Monday-Friday 10am to 5pm

Saturday 10am to 3pm

## **AA Hotline**

(208) 344-6611

treasurevalleyhotline@gmail.com

(hotline chair)

If your group has a meeting change, please complete this form so that Central Office can update the schedules.

<https://tvico.net/meeting-update-request/>

## We Want to Hear From You!

\*Have you heard a good AA Joke?

\*Want to share your story?

\*Have you written an AA Poem?

\*Do have any AA Art to share?

Please.... Send in your submissions to:

[swwnewsletter@gmail.com](mailto:swwnewsletter@gmail.com)



*Thank You!*

INDIVIDUAL SUBSCRIPTION \$1 A YEAR  
BULK ORDER: \$2.50 annually for 10  
copies of each issue.



# BOX 4-5-9

NEWS AND NOTES FROM THE GENERAL SERVICE OFFICE OF A. A.

Holiday Issue 1967

Vol. 12 No. 6

• 305 East 43rd Street, New York • Mail address: Box 459, Grand Central Post Office N. Y. 10017 •

## Nothing Quite Like an A.A. Christmas

Whatever holidays may have meant to us in drinking days, a real A.A. holiday is unforgettable for most of us—whether it is New Year's Day, Hanukkah, Thanksgiving, or Christmas.

"There's nothing quite like an A.A. Christmas," one member writes, "Maybe not the first Christmas you are in A.A., but certainly the first Christmas A.A. is in *you*."

"A magic fills the air for everyone, but in an A.A.'s life it's very special, as his heart and life are filled with so many gifts. The gift of being loved, and of loving; of being understood, and of understanding; of being wanted, and of wanting; of being given to, and of giving.

"Money cannot buy these priceless gifts. An A.A. has love, friendship, an opportunity to contribute and add to the world, a feeling of belonging, and a desire to grow in A.A. so he will not have to reach for the first drink.

"As we look at Christmas lights, we can look at all the enlightenment the 12 Steps have brought to us; of how we are now 'part of' a worldwide fellowship and are beginning to sense unity within through our 12 Traditions.

"We need never be alone again, need never reach for a drink—at least today.

"As we look at beautiful Christmas wreaths we can think, too, of the circle of unending love and friendship

surrounding A.A.'s triangle of Recovery, Unity, and Service.

"We think quietly and gratefully of Bill and Dr. Bob and the other early A.A.'s—of the A.A.'s around the world now—of the Loners and our seagoing Internationalists—and say, 'Merry Christmas to all, regardless of religious belief.'

"Yes, Christmas is a special 24 hours for A.A.'s. The phone rings and it is a 12th-Step call—a call for help. What greater gift can anyone have

written from the pooled experience of 100 recovered alcoholics and given freely to any of us who wants to follow them to recovery. The Traditions, too, were evolved from the actual experience and activity of early A.A.'s—and given freely to us as guidelines to growth, and to unity—to 'at-oneness' with each other and the rest of the world.

"The aim of all A.A. service—of all A.A. giving—is identical with A.A.'s primary purpose—to give A.A. to all who want it."

### *Dear Friends...*

Lois and I join in sending to A.A.'s worldwide our warmest affection at this Christmastime.

You will agree that we of A.A. are just about the most fortunate people on the globe today. By God's Grace we have received an unexampled opportunity to live, to serve, and to love.

At this season, and in the New Year to come, may joys overflow and our gratitude be boundless. May the Spirit of the Prince of Peace be among us always.

*Bill*



than the opportunity to give life to another suffering alcoholic as it has been given to us?

"In A.A. we call this *service*, and surely it is among the most precious gifts that we in A.A. share with one another.

"Every service that A.A. gives to alcoholics has come about as the result of a demonstrated need and is based on experience. The Steps were

Where there is darkness, light; and where there is sadness, joy.

"O Divine Master, grant that I may not so much seek to be consoled, as to console; to be understood, as to understand; to be loved, as to love; for it is in giving that we receive, and it is in dying that we are born to eternal life."

## The Vital Link ... *by Bill*



Let's always remember that the base for our world service is to be found in the ability and dedication of our several thousands of "G.S.R.'s." All these are the direct agents of the A.A. groups themselves. They are the indispensable linkage between our Fellowship and its global services; they are the primary representatives of A.A.'s group conscience. Without their effective support, activity, and wisdom, our basic service foundation would crumble.

How true this is can be seen in the fact that all our State and Provincial Committee Members have to be chosen from among Assemblies of G.S.R.'s, and they must be the chief agents of communication between groups and our world headquarters, and between Committee Members, Delegates and the A.A. groups themselves.

Taken as a whole, the G.S.R.'s constitute about the most important body of service that we have. Hence great care needs to be taken by the groups as they choose these, their direct representatives—a truly great responsibility.

In the long run, our edifice of world service can be no better nor more secure than the far-flung foundation of General Service Representatives upon which it really rests.

## A LOOK AT A.A.'s SERVICES

*(Dave R., a Tennessee barrister, emphasizes A.A.'s unique job in helping alcoholics.)*

"I'm all for committees and commissions and for cooperating with any agency whose aims will benefit the alcoholic. But I always remember that the basic operation of A.A. is one drunk talking to another.

"Our basic philosophy of working with other agencies is always cooperation, not affiliation, guided by our 6th Tradition.

### **Came from Experience**

"It is based on long experience of trial and error and is there to guide us, not to satisfy or please anyone or any group, but for our own preservation.

"Just as in the making of whiskey, many ingredients go into the building of A.A. toward our ultimate goal. What will come out? If it is anything other

than the pure product of one drunk talking to another, we put something in that didn't belong there.

### **One to Another**

"It's important that we do not permit ourselves to get bogged down in some philosophical discussion. Who are we to talk about philosophy? Just a bunch of drunks! Because some other drunks took the time to sit down and talk to us, we are here. It didn't take learning or insight. We were drunk! Bombed! And somebody put his hand on our shoulder and said, 'I found a way out. And it's there for you, if you want it.'

"As long as G.S.O. and other A.A. services make it easy for one drunk to get to another, that's fine. That's what they are for."

Treasure Valley Intergroup Meeting  
November 09, 2023, 6:00 pm  
Zoom ID: 875 1921 8070 Passcode: Intergroup

1. Meeting opened at 6pm. Moment of Silence... Serenity Prayer

2. Twelve Traditions... Bitty C.

3. Declaration of Unity... Ryan P.

This we owe to A.A.'S future to place our common welfare first; to keep our fellowship united. For on  
A.A. Unity depends on our lives and the lives of those to come.

4. Intergroup Statement of Purpose ... Randy C.

a. Fostering and encouraging AA unity and cooperation among Idaho Area 18 AA Groups to raise funds to provide for the viability of a Central Office.

b. Guiding the operation of TVICO through its subcommittee known as the TVICO Steering Committee.

c. Furthering the AA program in accordance with the Twelve Traditions of Alcoholics Anonymous.

d. Providing a 24-hour hotline Answering Service.

e. Publishing a monthly Newsletter.

f. Maintaining a list to volunteers to accept 12-Step calls.

5. Birthdays... n/a

6. Roll Call ... Sherepta M. Entertainment Coordinator of Intergroup IGR Friday Night Newcomer Mtg, Stan N. Chair for Intergroup, Ryan P. IGR Dingalings, Scott T. IGR DPMG/Intergroup Sec., Lonnie B. IGR There is a Solution, Chair, Randy C. Intergroup Treasurer/IGR Dist. 4, Brian T. IGR Primary Purpose Group, Bitty C. IGR On the Rocks, Kimmie P. IGR TAC, Capella I. Steering Committee Chair, Richard T. IGR for Council Meeting, Lisa S. for Turning Point, Vee R. IGR How It Works, Brenda M. News Letter Editor/IGR for Seekers, Steve M. IGR Group One, Cary N. IGR Midtown Meeting, Brandi G. IGR w/ Rule 62,

7. Secretary Report ... Scott T. Sec Report (see attached report) Kimmie P. motions to approve Richard T. 2<sup>nd</sup>. Report was approved.

8. Treasurer Report ... Randy C. (see report). Scott T. motion to approve Kimmie P. 2<sup>nd</sup>. Report was approved.

9. Elections for Intergroup and/or Steering Committee... Lisa S. was voted in for Dist. 8 Rep for Steering Committee. Since Sherepta M. is stepping down soon, we are in need of a Activities Chair so please help attract someone fun for our Activities position.

10. Intergroup Chair / Activities Chair...(see report) from Stan N. (see report) from Sherepta M. if you have any fliers that need exposure please send them to [tvicoactivities@gmail.com](mailto:tvicoactivities@gmail.com) Please help Sherepta fund Central Office with Christmas open house at TVICO with contributions.

11. Newsletter Editor... Brenda M. Newsletter is really good! Brenda M. is always looking for submissions and is interviewing people with long term sobriety. Archive of Area 18 story was submitted last October and was very informative. This is the new email address for the newsletter [swwnewsletter@gmail.com](mailto:swwnewsletter@gmail.com) If you need a newsletter, Brenda M. email address is [joyonemartinez@gmail.com](mailto:joyonemartinez@gmail.com)

12. Hotline Answering Service... Dave F. always looking for volunteers so service opportunity and Dave has not been present due to his work but we will be obtaining a report from him monthly hopefully.

13. TAC Representative... Kimmie P. Treasury Balance - \$7925.50 Literature - Q4 order will be discussed at next business meeting. Things are going really well with Hospitals and Treatment meetings with a steady volunteer rotation in place. There is a volunteer meeting coming up in 12/9 at 11 am, at the Boise Alano Club. Prisons are still in need of more volunteers, but places where meetings and volunteers are available, are going well. Nominations for next rotation were carried out. We have a new chair - Travis G, Corrections Chair - Michelle with Melanie C as her Co-Chair, Treatment Chair - Hannah Bridge the Gap - Kathy C, Webmaster - David . The remaining positions will be discussed at next business meeting.. Reminder of the TAC website - [vtac.com](http://vtac.com) This is where information about training to be approved to take meetings into the prisons and jails is available.

14. CPC/PI Representative... n/a still in need of service position. [www.cpcpi.tvtac.com](http://www.cpcpi.tvtac.com) for more information

(Intergroup Meeting Minutes Continued)

15. Central Office Financial Report... Randy C. (see report) Please keep the group contributions coming to stay in the black.
16. Steering Committee Chair...Capella I. (see report) [capellaikola@outlook.com](mailto:capellaikola@outlook.com) for questions.
17. Web master for TVICO Dave H. dev.tvico.net is the website address and will be taking survey suggestions for any changes. david112218@outlook.com. 208-250-3359
18. Group Representatives... Sherepta M. IGR Friday Night Newcomers meeting at Salvation Army 403 12<sup>th</sup> Ave South in Nampa @ 7pm. Ryan P. IGR Dingalings meets at the Boise New Hope Church on W. Overland Rd on Wednesday @ 8pm. Scott T. DPMG meets every Sun at 7pm @ The Alano Club - 3820 Cassia St. Boise. Lonnie B. There is a Solution @ Eagle Hills Church and meets Mon-Fri. from 12-1pm. Randy C. with Dist. 4 Birthday Speaker meeting hosted by Rule 62 which is on the 2<sup>nd</sup> Saturday of each month, 619 12<sup>th</sup> Ave on the corner of 7<sup>th</sup> St & 12<sup>th</sup> Ave in Nampa. Kimmie P. with DT's and beyond meets Monday Night 7pm@ River Valley Church. Brian T. Primary Purpose in Caldwell and meet Tue & Thur. 8pm. Bitty C. On the Rocks, meets 6 nights a week 6-7 pm@ Church of Christ in Caldwell and on the 1<sup>st</sup> Saturday of the month hosts a dinner. Vee R. How It Works meets Mon-Sat at noon @55 N Midland Blvd. Brenda with Seekers meets Mon-Fri @ Noon at Emanuel Church on the corner of Fort and 8<sup>th</sup> in Boise. Richard T IGR Council Group and meet every Mon & Wed at the Library at 8PM. Lisa S. for Turning Point meets @ 1<sup>st</sup> Presbyterian Church on State St and 9<sup>th</sup>. Cary N. IGR for Midtown Meeting @ River Valley Church 115 N. Garden St on Sundays @ 7pm. Capella I. in McCall is the Back to Basics group meets @ 506 Pine St. Sun-Thurs at 5:15 and Fri-Sat at 7pm, and the Sunrise Group meets at St. Andrews Episcopal Church meets 7 day a week at 7am. Steve M. IGR for Group One Located at Boise and Broadway.
19. Unfinished Business... We will not be amending by laws due to the guidelines are suggestion only to time of sobriety for positions within Intergroup.
20. New Business... We will be updating Zoom information at the beginning of the year so look for the new change of Zoom address and password. The new by-laws will be able to view and receive a copy of at Central Office and would be a great reason to attend the Christmas party at Central Office as well. More discussion on Joe and Charlie study hosted by Central Office will be of focus so please attend our next business meeting with your input!
21. Motion to adjourn, meeting adjourned.

## INTERGROUP TREASURER'S REPORT

### NOVEMBER 2023

BALANCE FORWARD 11/01/2023 **\$434.17**

#### INCOME

DATE	DESCRIPTION	AMOUNT
None		

#### EXPENSE

DATE	DESCRIPTION	AMOUNT
None		

ENDING CASH BALANCE 11/31/2023 **\$434.17**

**Treasure Valley Intergroup Central Office**  
**Cash Flow**  
**NOVEMBER 2023**

**INFLOWS**

<b>Archives</b>	\$ -
<b>TAC</b>	\$ 50.00

**Gross Sales**

GSO Sales	\$ 2,725.74
Non-GSO Sales	\$ 3,502.77
Meeting Schedules & NCP	\$ -
In House Merchandise	\$ -
Gift Certificates	\$ -
Refunds	\$ -

<b>TOTAL Gross Sales</b>	<b>\$ 6,228.51</b>
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**7th Traditions:**

Home Groups	\$ 3,964.98
Individuals	\$ 110.49
District #3	\$ 380.03
7th Tradition Can	\$ 76.00
Treasure Valley Banquet	\$ 2,747.83
	\$ -

<b>TOTAL 7th Traditions</b>	<b>\$ 7,279.33</b>
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**Miscellaneous Revenue**

Interest Income	\$ 3.74
Shipping & Handling Income	\$ 100.84
Printing Income	\$ 67.34
	\$ -

<b>TOTAL Misc. Revenue</b>	<b>\$ 171.92</b>
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<b>TOTAL INFLOWS</b>	<b>\$ 13,729.76</b>
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<b>Cash on Hand</b>	\$ 22,781.82
<b>Less Liabilities Owing</b>	\$ (5,530.35) <sup>2</sup>
<b>Cash Available for Operations</b>	<b>\$ 17,251.47</b>
<b>Cash Drawer</b>	\$ 150.00

**Prudent Reserves:**

<b>Operations Prudent Reserve</b>	\$ 20,127.95
<b>Literature Prudent Reserve</b>	\$ 11,000.00
<b>Inventory on Hand</b>	\$ 34,593.39
<b>Amounts due from Customers</b>	\$ 3,496.29

**OUTFLOWS**

<b>Cost of Goods Sold</b>	<b>\$ 3,510.60</b>
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**Office Expenses**

Assembly Expense	\$ 236.60
Bank & Merchant Serv Fees	\$ 122.91
Building Maint-Painting/Carpe	\$ -
Computer/Website Maint.	\$ 110.00
Copy Machine Lease	\$ 226.26
Coffee, Candy, Water, Etc	\$ 98.30
Contributions from TVICO	\$ 1,055.00 <sup>3</sup>
Insurance: Liability	\$ -
Office Supplies	\$ 279.56
Open House Expenses	\$ 101.04
Over-Under	\$ 21.34
Phone/Internet Service	\$ 155.11
Postage & Delivery	\$ 66.00
Printing & Reproduction	\$ 38.64
Professional Fees	\$ 369.24 <sup>1</sup>
Rent	\$ 1,337.00
Store Supplies	\$ 271.41

<b>TOTAL Office Expense</b>	<b>\$ 4,488.41</b>
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**Payroll Expense**

Includes Employer Taxes	\$ 4,017.62
Work Comp Insurance	\$ -

<b>TOTAL Payroll Expense</b>	<b>\$ 4,017.62</b>
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<b>TOTAL OUTFLOWS</b>	<b>\$ 12,016.63</b>
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<b>NET CASH +/-</b>	<b>\$ 1,713.13</b>
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**NOTES:**

<sup>1</sup>Prof. Fees for include reconciling previous month bank statements, preparing payroll & making payroll tax deposits and/or reports, reporting & paying sales tax review customer & vendor accounts, W2s, 1099s, annual reports, preparation &

E-Filing Annual 990-EX Tax Return, & Enhanced Payroll & LogMeIn Subscripti

<sup>2</sup>Liabilities Owing Includes: Vendor invoices, payroll liabilities, credit card balance Idaho Sales Tax, and Gift Certificates

<sup>3</sup>Dink Ink Meeting in a Pocket to give to customers.

*Thank you for supporting Central Office, we couldn't do it without you!*

**T.V.I.C.O.  
GROUP 7th TRADITIONS  
NOVEMBER 2023**

<u>Date</u>	<u>Group Name</u>	<u>Amount</u>
11/01/2023	Meridian Night Group	250.00
11/02/2023	How It Works - Nampa	174.70
11/03/2023	New Beginnings	500.00
11/03/2023	Saturday Night Live	20.00
11/07/2023	Women's Primary Purpose Group	37.00
11/07/2023	Rule 62	61.41
11/07/2023	Sobriety Seekers	100.00
11/07/2023	7am Zoomers	793.03
11/08/2023	Ding-A-Ling Group	68.35
11/09/2023	Speak Easy Group	80.00
11/11/2023	Seekers	336.00
11/11/2023	Fourth Dimension	50.00
11/14/2023	Friday Night Newcomers Nampa	54.16
11/18/2023	The Way Out	100.00
11/18/2023	Attitude Adjustment	500.00
11/20/2023	Bucks No Bull	167.00
11/20/2023	As Bill Sees It	127.25
11/20/2023	As Bill Sees It	31.83
11/20/2023	Unknown Group (James S)	200.00
11/25/2023	Welcome Home Nampa	20.00
11/25/2023	Puttin Sober	244.25
11/29/2023	Lydia's Table	50.00
<b>Total Group 7th Traditions</b>		<b>\$ 3,964.98</b>

**Central Office would like to thank all the Groups, Individuals, and Districts for their 7th Traditions last month.**

**We appreciate it so much !!!**

Happy Holidays from your crew at TVICO. We would like to take this opportunity to thank all the groups and individuals who financially supported us this past year. Also, thanks to all the volunteers who donated their time and energy in support of the office. Without the groups, individuals, and volunteers we would not be the where we are today.

We would also like to thank all the trusted servants at Intergroup and the Steering Committee for all their support. Here is to a happy, prosperous, and blessed 2024.

***Thank you for supporting Central Office, we couldn't do it without you!***

-Marti, Patty, and Kim



TVICO Steering Committee  
Business Meeting Minutes  
7 NOV 2023  
Zoom Meeting at 6:00 PM (MST)  
882 5863 0483 Password – TVICO

Open Meeting – Open at 6:00 PM with the Serenity Prayer

Declaration of Unity – This we owe to AA's future: to place our common welfare first; to keep our fellowship united. For on AA unity depend our lives, and the lives of those to come.

Attendees – Capella I., Marya B., Stan N., Randy C., Jen L., Doug P. Teri K.

**Any Intergroup Election of new Steering Committee Officers - None**

Secretary Report: Minutes from October 10, 2023 approved.

**Reports –**

- Central Office Accountant – **Teri K. Financial Report presented and approved**
- Intergroup Treasurer – **Randy C. Report submitted** (Attached statements which became available after the Steering Committee meeting.
- Intergroup Chair– **Stan N. Report attached**
- Intergroup Co-Chair – Vacant
- Store Report – **Marya B. (attached**

**Steering Committee District Representatives Reports –**

- District 3 Committee Member – **Vacant**
- District 4 Committee Member – **Doug P.**
- District 5 Committee Member – **Jen L. District looking at Gratitude Dinner venues, new trusted servants coming in December, Election to positions in coming year.**
- District 8 Committee Member – **Marya B. District 8 Fall Workshop: We Are Not a Glum Lot, well attended. No district meeting in Nov, Dec 14 next district 8 business meeting, Distributed David H. contact to District 8 Secretary to determine interest in filling the soon opening TVICO webmaster service position.**
- District 9 Committee Member – **Capella I. No activity, 3<sup>rd</sup> Sat in November District elections and bylaw amendment review**

**Old Business –**

- **TVICO temporary employee sobriety length requirement:** Tabled from July 2023 Steering Committee Meeting for Capella I. to reach out to GSO Central Office Management Guidance (Tabled to March 2024) Further discussion of the phrase to use in the job requirements introduced by Capella I.
- **New Door Lock TVICO:** Looking into a programable, auto locking device (Likely charges \$500. approximately) Committee approves getting an estimate and a specification sheet for a new lock to be price quoted to us, and request for an approval from property management. Capella will take action to identify the lock company residing in the same complex as TVICO. **Quotes have been higher than expected, Capella will continue to reach out to security lock vendors.**
- **Discuss getting another server:** Discussion regarding sales associates concern of server unusual noise. After discussion, Stan N. agreed to follow up with Marty, gather details and schedule service as required. Stan will discuss sales associate concerns with Marti H. week of .

**Business conducted between 11 October and 07 November 2023:**

- Executive Session held via Zoom on 30 October 2023

**New Business –**

- **Discuss potential for a “Joe & Charlie” workshop to be hosted by TVICO in spring 2024.**

After conversation determined we need further communication. Carrying over to December Steering Committee Meeting.

Executive session held.

# TVICO CENTRAL OFFICE

## Closed for Christmas Holiday

December 23<sup>rd</sup> and December 25<sup>th</sup>

## Closed for Inventory

December 30<sup>th</sup>,

## Closed for New Years

January 1<sup>st</sup>, 2024

See you January 2<sup>nd</sup>, 2024

R. H. SMITH, M. D.  
2ND NATIONAL BLDG. AKRON, OHIO  
TELEPHONE: HE-8523 REG. NO. \_\_\_\_\_

R<sub>x</sub> FOR alcoholics  
ADDRESS \_\_\_\_\_ DATE Feb 1937

*always remember it*

1. Trust God
2. Clean house
3. Help others

NR 1 2 3 INF. \_\_\_\_\_ M. D.

# What is Treasure Valley Intergroup Office of Alcoholics Anonymous Inc., What is an Intergroup Representative (IGR), and What is the TVICO Steering Committee?

**Treasure Valley Intergroup Office of Alcoholics Anonymous, Inc. (Intergroup)** is an Idaho Nonprofit Corporation established in 1979. The purpose of Intergroup is to:

- 1) foster and encourage Unity among Idaho Area 18 AA Groups and to provide for the viability of a Central Office,
- 2) guide the operation of the Central Office through the TVICO Steering Committee,
- 3) further the AA program according to the Twelve Traditions,
- 4) provide for a 24-Hour AA Hotline and maintain a list of volunteers to accept 12-Step calls,
- 5) publish a monthly newsletter to carry the message.

Intergroup membership consists of Representatives from each registered A.A. group. Each group is eligible to elect one home group member to serve as **Intergroup Representative (IGR)**. The purpose of the IGR is to:

- 1) attend monthly Intergroup meetings where they will have one vote to set policies and direct services,
- 2) announce Intergroup activities at the Home Group to keep the fellowship informed and foster unity through encouraging participation and volunteers as needed,
- 3) facilitate two-way communication between their Home Group and Intergroup, and
- 4) serves as the voice of the Group Conscience of their group in matters affecting other groups or AA as a whole, expressing this voice to Intergroup, as an Intergroup member.

The Treasure Valley Intergroup Central Office (TVICO) is a non-profit retail store. **The TVICO Steering Committee is a sub-committee of Intergroup and is responsible and accountable to Intergroup for the day-to-day operations and management of TVICO.** The TVICO Steering Committee membership consists of one representative from each District, the Intergroup Chairperson, Intergroup Co-Chairperson, and Intergroup Treasurer. The purpose of the TVICO Steering Committee is to:

- 1) Provide goods and services to groups and individuals such as General Service Office (GSO) literature, recovery literature, answering service, and accurate meeting schedules through the operation of the TVICO retail store,
- 2) further the AA program in accordance with the Twelve Traditions of Alcoholics Anonymous,
- 3) serve as an Information exchange for all AA Groups in the community, fostering AA unity,
- 4) respond to telephone inquiries from those seeking help and information regarding Alcoholics Anonymous and also answers all AA Hotline calls during normal operation hours,
- 5) develop policies and procedures for the operation and management of TVICO, as needed,
- 6) maintain complete oversight of all employment matters at TVICO,
- 7) utilize a professional Accountant to conduct audits, file tax reports, and assist the TVICO Treasurer generate a monthly cash-flow report of the store to present at the monthly Intergroup meetings,
- 8) act as a service entity "directly responsible to those they serve," as described in Tradition Nine, being mindful that the groups are atop the pyramid of A.A.. Therefore, all matters relating to potential financial burden upon the groups are presented to Intergroup for a Group Conscience before any action is taken, and
- 9) specifically excluded from the objectives of TVICO are the operations of any club, clubhouse, or drying-out place, and the endorsement of any public or private projects on alcoholism as outlined in Tradition Six.

NOW that all this is imperfectly clear... SO WHAT? You may be asking! It is TIME! Intergroup and Steering Committee service positions are rotating out at the end of this year, and YOU are NEEDED! Please, please volunteer to be Your group's IGR!! OR, why not volunteer to be your District's TVICO Steering Committee Representative? Your Central Office NEEDS YOU! Intergroup Meetings are held on the 2nd Thursday of every month at 6pm, online, via Zoom.

**Zoom ID: 875 1921 8070 Passcode: Intergroup**

Many, many Intergroup positions are open beginning January 2024, including an Intergroup Webmaster! If you feel called to Intergroup please join us at the next meeting! Thank You for your consideration!

## **Declaration of Unity**

**This we owe to A.A.'s future: To place our common welfare first;  
To keep our Fellowship united.  
For on A.A. unity depend our lives, and the lives of those to come.**

## USING AA SLOGANS TO DEAL WITH HOLIDAY STRESS

### **Easy Does It**

Happiness is not a race, and neither is recovery. In fact, any attempts to hack or crack them are likely to have the opposite effect. Happiness is achieved not in its reckless pursuit, but as a complement to other sensations and feelings of fulfillment. Recovery is much the same way, and you will get nowhere fast by attempting to speed-run it. Go easy. Take time for yourself and your recovery. Be present and mindful, and find a physical or mental space from which you draw calm energy. You are on a long journey toward happiness and fulfillment; you have to go easy or you will never get there.

### **First Things First**

Some priorities change over time, but your sobriety should always come first. This holiday season, you might be especially tempted to move your priorities around, preferring to nail down the shopping list or hang out with family. That's completely fine, but your recovery must still come first. Remember, "Whatever you put before your sobriety, you are likely to lose." If you want to balance all your priorities and have a good sober holiday, come prepared with a list of self-care techniques that help you re-invest in long-term sobriety. Then practice them, no matter the cost, on a regular schedule and whenever you feel the need.

### **Live and Let Live**

What a great reminder that we all do things differently, and that's okay. Maybe your uncle drives you nuts, or maybe your parents have holiday expectations or traditions that send you up a wall. Live and let live. Everyone has their own set of priorities, and everyone attempts to fulfill their needs differently. There's nothing wrong with that, so long as your sobriety isn't in danger. Set boundaries whenever necessary, then tend to your own garden and let others tend to theirs. You should be all the calmer for it.

### **Keep It Simple**

This holiday season, try to keep it simple. You can't do everything, and you can't meet everyone's expectations (without sacrificing your own mental health). Rather than trying to accomplish everything, simplify your sober holidays by choosing a few things that really matter to you, then fully participate in them. When things start to feel overwhelming, pare down your schedule, simplify your itinerary and hit a meeting. The holidays don't have to be complicated to be beautiful.

### **Take What You Like and Leave the Rest**

Remember, recovery gives you the unflappable power to choose. You can slow down and choose how you spend your time, energy and money. You can embrace whichever holiday traditions you like the most, and you can celebrate whichever relationships you cherish the most. These are the things with which to fill your recovery, and these are the bonds that strengthen your sobriety. If anyone has an issue with your priorities, we have an AA slogan for them.

### **This Too Shall Pass**

The holidays can be incredibly difficult, whether you're sober and in recovery or not. There's nothing wrong with having a hard time. The first step is always acceptance. Then do whatever you can to protect your sobriety: attend extra meetings, schedule time with sober friends and commit to regular prayer or meditation. Recovery has good days and bad, and part of recovery is how you handle the lows without resorting to alcohol. You can handle these feelings sober, and you can absolutely trust that "This too shall pass."

### **Keep Coming Back**

Family conflict and holiday stress can produce some uncomfortable emotions, causing old patterns to bubble up from beneath the surface. If you feel self-pity, fear or resentment creeping up, hit a meeting. You don't have to face those feelings alone. In fact, the rooms of AA will be filled with familiar faces who will be navigating the holidays together.

(-from Hazelden Publication)

### Area Committee Business Meetings

- **TAC** (Treatment—Accessibility and Corrections) West Monthly Business Meeting (for district and group reps) – 3rd Saturday of the month – 10:00 am – Zoom Meeting ID 836-4495-5858
- **CPC/PI** West Monthly Business Meeting – 3rd Tuesday of the month – 6:30 pm – Zoom Meeting ID 913-045-768
- **IFYPAA** Business Meeting – 2nd Sunday of the month – 2:00 pm – 344 Park Ave. (The Villa), Idaho Falls, ID
- **EMMYPAA** Business Meeting – Sundays – 8:00 pm – Gem County Community Recovery Center, 199 S. McKinley Ave. Emmett, ID
- **BACYPAA** – 1st, 3rd and 5th (when applicable)- Sunday of each month – 5:30 pm – SNL, 5383 W. Franklin Street, Boise, ID
- **SCTI TAC** Business Meeting – 4th Sunday of every month – 2:00 pm Shoshone Senior Center, 218 North Rail, Shoshone, Idaho

### District Business Meetings

- **District 1** – 2nd Sunday of the month – 1:00 pm – Friendship Club of Pocatello, 1st & Lovejoy, Pocatello, ID
- **District 2** – 1st Sunday of the month – 10:00 am – Hybrid, Alternating Locations, Zoom ID: 634 518 5576 Passcode: 135791; Magic Valley Fellowship Hall in Twin Falls & Sun Club South In Hailey), ID
- **District 3** – 1st Tuesday of the month – 7:00 pm – Collister United Methodist Church, 4444 Taft, Boise, ID
- **District 4** – 2nd Saturday of the month – 4:00 pm – First Christian Church, 619 12th Av. S., Nampa, ID
- **District 5** – 1st Sunday of the month – 3:00 pm – 324 S Meridian Rd, Room 25 Meridian, ID
- **District 6** – 1st Tuesday of each month – 7:00 pm – Serenity Hall (downstairs), 600 S. Blvd., Idaho Falls, ID
- **District 7** – (6 times a year) January, February, March, May, August and October – 3rd Sunday of the month if there is not an Area meeting. If it lands on the same day it would be the following weekend which the 4th Sunday of the month, Rexburg, ID
- **District 8** – 4th Thursday of the month – 7:00 pm – First Presbyterian Church, 950 West State Street, Boise, ID
- **District 9** – 3rd Saturday of the month (Quarterly Feb, May, Aug, Nov.) – 1:00 pm – Rotating location
- **District 10** – 1st Sunday of the month – 1:00 pm (Potluck at Noon)- Jerome Library, Jerome, ID
- **District 12** – Rotating meeting times and locations. For more information please email [district12@idahoarea18aa.org](mailto:district12@idahoarea18aa.org)

### Treasure Valley Intergroup Business Meetings

- **Intergroup** – 2nd Thursday of the month 6PM. 1111 S. Orchard Street, Suite 180, Boise ID (Central Office) Zoom ID: **875 1921 8070** Passcode: **Intergroup**
- **TVICO** Steering Committee Tuesday prior to Intergroup meeting at 6pm. 1111 S. Orchard St, Suite 180, Boise, ID (Central Office)



## Where to send 7th Tradition Contributions

### General Service Office- 7th Tradition

General Service Office  
P.O. Box 2407  
James A Farley Station  
New York, NY 10116

### Idaho Area 18

P.O. Box 10153  
Ketchum, ID 83340

### Treasure Valley Intergroup Central Office

1111 S. Orchard, Suite 180  
Boise, ID 83705

### District 1

P.O. Box 224  
Pocatello, ID 83202

### District 2

Attn: Manny  
P.O. Box 2360  
Hailey, ID 83333

### District 3

P.O. Box 7892  
Boise, ID 83707-7892

### District 4

P.O. Box 1408  
Caldwell ID, 83606

### District 5

P.O. Box 190754  
Boise, ID 83719

### District 6

P.O. Box 50443

### District 8

ATTN: TVICO  
1111 S. Orchard Street, Suite 180  
Boise, ID 83705  
Venmo 7th Tradition: [https://  
account.venmo.com/u/District-Eight](https://account.venmo.com/u/District-Eight)

### District 9

PO Box 963  
Emmett, ID 83717

### District 10

324 4th Avenue East  
Jerome, ID 83338

### District 12

165 E 1 N  
Preston, ID 83263



## Happily Giving

Before I came into the rooms of AA, I was absolutely clueless on what the word God meant. That's why I drank to oblivion. I had no answers to this thing called life, so I figured I might as well drink away the pain of "not knowing."

I tried to find God in so many ways. I was raised Catholic. But growing into my teens, I would party with my friends on Friday and Saturday nights, then go to communion on Sunday, be forgiven and do it all again the next week. This didn't work for me.

I became a Christian and decided that Jesus was my savior and that I was born again. I studied the bible with a beer in hand, then started questioning the treatment of the aboriginal people and their shamans. How could God send them all to hell just for not reading the Bible and for loving the earth? This didn't make sense to me. So I placed my Bible on the shelf.

I started studying Shamanism. I bought a medicine bag that I wore around my neck and decided I was going to "heal the world". What was really cool about being a shaman was that some used peyote in ceremony and if that was acceptable, surely alcohol was okay. I performed many ceremonies under the influence. Using crystals, I would dance naked around a map of the earth, imagining I was healing the world, only to wake up hungover and unable to remember taking my clothes off!

I then decided I'd be more practical. It was the year 1999 and I started preparing for Y2K and the end of the world. I packed buckets of food and stored gas. I waited for partial law but nothing happened. I was wrong. So I kept drinking. Having tried everything to find God, I finally ended up just turning to alcohol. I slept with cans of beer on my living room floor all through the night. When I couldn't stand the pain anymore, I walked into the rooms of A.A..

It is here where I had my first real spiritual experience, when a woman gave her time to sit with me, listen to me and help me read and underline the Big Book. That experience of a human being giving time to this stinky drunk with DTs was how I found God. God loved me through her— my first sponsor.

Since then, I have found God in the rooms of AA. Some call God a "Group of Drunks", and that is true to me. I see God in others.

Christmas season is here and I'm reminded that some people have a Santa Claus God. They ask him for things and expect God to fulfill their expectations. I see this differently. I see it as giving service in AA. Giving our presence, or making coffee, or sponsoring others, or serving in a group position— all these are gifts that money can't buy. Santa Claus is a giver. That's why he's so happy all the time.

In the program, instead of asking for what we want, we learn to give what is needed of us. We become a Santa Claus God— giving the gift of sobriety to those we can help. What a bag of goodies we have to share.

What miracles we get to watch as our gifts are opened and used by newcomers who attend their first meeting.

When we forget ourselves and make other people more important, we disappear into a giving that becomes selfless.

In giving, we receive happiness and a very merry holiday season.

-Brenda M.

Grapevine, December 2016

[Www.aagrapevine.org](http://www.aagrapevine.org)



"Oh, what a  
Bag of goodies  
We have to  
Share once we  
Get sober"



**NEW YEARS EVE  
DINNER-SPEAKER-DANCE**

**HOSTED BY: MIDTOWN**

**SPEAKER: MIKE B.**

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**SUNDAY DECEMBER 31, 2023**

**6PM - 10PM**

**WE WILL CELEBRATE THE NEW YEAR TOGETHER EASTERN TIME**

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**RIVER VALLEY CHURCH**

**1115 N. GARDEN ST BOISE IDAHO 83705**

**PLEASE BRING A POTLUCK ITEM  
MIDTOWN WILL SUPPLY THE MAIN DISH**

**QUESTIONS: 208-577-0303**



# Carry The Message Project

Want to Help Another Alcoholic?  
Grapevine and La Vina are Great Twelfth Step Tools!  
Look at these 3 Easy Ways!

**1. If you know the full name and the mailing address of the recipient:** Give a Gift Subscription to a friend, a sponsee, doctor's offices, or for giveaways at anniversaries or events at your homegroup, district, or area level.

## Follow these steps:

- ◆ Go to [store.aagrapevine.org](http://store.aagrapevine.org).
- ◆ Click on the Gift Subscriptions box.
- ◆ Click on the Red Gift Bag icon for the type of gift subscription you want to give.
- ◆ Click on "Go to the products page."
- ◆ Click on the number of Gift subscriptions you want to purchase (*1 gift or 2*).
- ◆ Enter your information, the recipient's information, and your payment information.
- ◆ Click on the Process Order button. You're done!
- ◆ **Note:** First renewal notices will be sent to you and if there is no response, the last ones will be sent to the recipient.

**2. If you do not know the full name and the mailing address of the recipient and want Grapevine to select an alcoholic in need from the requests we have received:** Give a Carry the Message Gift Certificate to someone you do not know (*such as an alcoholic in prison.*)

## Follow these steps:

- ◆ Go to [store.aagrapevine.org](http://store.aagrapevine.org).
- ◆ Click on the Gift Certificate box.
- ◆ Click the Buy button of the appropriate Carry the Message Gift Certificate option and you will be taken to a page showing our quantity discounts (*at the bottom*).
- ◆ Enter the number of gift certificates that you want and click the Buy button. (*For multiple gift certificates, the discount will automatically be applied*).
- ◆ Click Checkout and enter your order and payment information.
- ◆ When you click the Confirm button, you will get an order confirmation email and the gift certificate will be sent to you as an individual email. Forward the gift certificate to [Sonia Dominguez](mailto:sdominguez@aagrapevine.org) at [sdominguez@aagrapevine.org](mailto:sdominguez@aagrapevine.org) and we will redeem it for someone who has requested a subscription but can't afford one. (*If you have purchased multiple gift certificates, select all of them and use the Forward as Attachment option, so you only have to send us one email*).
- ◆ **Note:** Your information will not be connected to the subscription record and all renewal notices will be sent directly to the recipient.

**3. If you do not know the full name and the mailing address of the recipient and would like to give them a gift certificate for them to redeem themselves for a subscription (example: A newcomer in your group.):** Give a Carry the Message Gift Certificate to a newcomer or someone in your group.

## Follow these steps:

- ◆ Go to [store.aagrapevine.org](http://store.aagrapevine.org).
- ◆ Click on the Gift Certificate box.
- ◆ Click the Buy button of the appropriate Carry the Message Gift Certificate option and you will be taken to a page showing our quantity discounts (*at the bottom*).
- ◆ Enter the number of gift certificates that you want and click the Buy button. (*For multiple gift certificates, the discount will automatically be applied*).
- ◆ Click Checkout and enter your order and payment information.
- ◆ When you click the Confirm button, you will get an order confirmation email and the gift certificate will be sent to you as an individual email. Print and hand the Gift Certificate or email the Gift Certificate to the individual(s) you wish to donate a subscription to and they will be able to redeem the gift certificate code and enter their information themselves on the store: [store.aagrapevine.org/to-redeem-your-gift-certificate](http://store.aagrapevine.org/to-redeem-your-gift-certificate).

# **TAC CORRECTIONS SERVICE**

## **CARRY THE AA MESSAGE**

*to those in Jails / Prisons who cannot get to meetings*



AA Support is GREATLY needed right now  
in all Treasure Valley Correction Facilities

Please do your *individual* part or  
have *group members come together*  
to “Adopt a Facility”

so that we all bring  
***Experience \* Strength \* Hope***  
to our fellow AAs in need!

**[www.TVTAC.com](http://www.TVTAC.com)**

**Volunteer Tab:** a form so we can contact you with next steps

**Trainings Tab:** has info and links for quarterly certifications

**Michelle: 310-283-3164 / Robert: 408-497-5151**

**[corrections@tvttac.com](mailto:corrections@tvttac.com)**



JOIN US FOR  
A MERRY LITTLE  
*Potluck Meeting*



# Rule 62

*Speaker & Potluck Meeting*

**Dennis C. [12/1/1993]**

New Creations Church  
3 W Concord St. Middleton, ID 83644  
**Thursday, December 28, 2023**

**Dinner @ 6:30pm**

**Milestone Chips @ 7:15pm**

**Speaker Meeting @ 7:30pm**

Let's end this year with a party to  
celebrate 2023 and welcome in the new year 2024!

**Bring your favorite party appetizers!** (not required).

Join us for fellowship, laughter & Experience Strength & Hope!



# On The Rocks

DINNER & A SPEAKER

Saturday: January 6th, 2023

Dinner 5:00 pm. Speaker 6:00 pm

**SPEAKER Stacy G**

Home group: Marsing

Join us for Stew

Please bring a side dish if you wish

Caldwell Church of Christ

4012 S 10<sup>th</sup> Ave



Caldwell, ID 83605

Use the 10<sup>th</sup> Ave driveway



## Mark Your Calendars and Make Plans to Attend the 2025 A.A. International Convention

Vancouver, British Columbia, Canada



**July 3-6, 2025**

Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of the beginning of our Fellowship's founding.

Please check the convention webpage at [www.aa.org/international-convention](http://www.aa.org/international-convention) for more information, the latest news, and FAQs. As the Convention approaches, the page will be updated with registration information.

Taking place once every five years, the A.A. International Convention marks the anniversary of Bill W.'s first meeting with Dr Bob and the birth of Alcoholics Anonymous in 1935. At the Convention, members and their families and friends from around the world attend meetings, workshops, dances, and events. A highlight is the traditional flag ceremony to celebrate sobriety worldwide.



**Let's celebrate sobriety together in  
Vancouver in 2025!**

## 12 Tips to Staying Sober on New Year's Eve

Take this opportunity to celebrate not only the holidays, but also your new life of sobriety, which is something really worth celebrating. If you find yourself struggling during the holiday season, please remember that you are not alone. Help is only a phone call or meeting away! Here are some helpful and practical tips to make staying sober easier:

1. **Plan each and every hour of your New Year's Eve.:** Plan to spend the majority of your time with friends and family who are supportive of your recovery.
2. **Find a New Year's Eve meeting in your area:** Many groups have special meetings during the holidays to share their experience, strength and hope.
3. **Ask for support from family and friends:** Those who are truly supportive of your recovery will be happy to help you throughout the holidays.
4. **Have a list of ten people you can call:** Just like Santa Claus, make a list and check it twice. Carry your Cell Phone and list of names at all times.
5. **Don't forget about regular exercise:** Regular exercise is an essential component of any balanced recovery program.
6. **Stay away from slippery places:** There is absolutely no reason to ever check out your former favorite establishments.
7. **Create new traditions to replace your old patterns:** Buy a new board game or take the family on a sleigh ride. Use your imagination, be creative, & have fun.
8. **Write out a daily gratitude list:** The quickest cure to get you out of the holiday blues is by counting your blessings and being grateful for what you have every morning.
9. **Volunteer your services to a charitable organization:** There are many people in your community who are less fortunate than you. You will be helping not only the needy but yourself!
10. **Write a letter to yourself** – "How I stayed sober over the holidays: "The act of writing your ideas on paper is very powerful. Write down all the activities and events that will help you have healthy, happy, and sober holiday season.
11. **Avoid H.A.L.T. (Hungry, Angry, Lonely, Tired):** If you are hungry, get something to eat. If you are angry, talk to somebody about it. If you are lonely, go to a meeting or call a friend. If you are tired, get a good night's sleep.
12. **Live one day at a time, even an hour or a minute at a time, and enjoy your sobriety:** Stay in the moment and live one day at a time. Never mind about what happened or what could happen. Enjoy today. Celebrate your sobriety!

-from AA Website

from the Box 4-5-9 Holiday Issue, 1967...



## Anyone for Resolutions?

... ONE DAY AT A TIME

Want to start a rich new A.A. life? We've asked lots of long-sober members about this, and here are some of their ideas for putting new enthusiasm and delight into your A.A. life.

1. Work at a group or Intergroup office you've never held before.
2. Start a daily study program of A.A. pamphlets and the four A.A. books. (It's more fun if you do it with a friend.) Third Legacy Manual, too.



3. See if some group wouldn't like you to start some Newcomers' Meetings (there's a G.S.O. kit on this).
4. Start helping out the weakest group you can find. Or start a new group?

5. Get three new pigeons—or just one (see Big Book P. 89).

6. Write a letter for Grapevine, and keep it up even if the first six don't get printed.



7. Become a tape-worm. Start small—get an inexpensive tape recorder and buy a few A.A. tapes. You'll tune in a whole new world of exciting A.A.

8. Start sponsoring some Loners. Read the "Loners Meeting" bulletin and write a few letters.

9. Become responsible for some meeting in an Institution in your region.

10. DO ONE OF THE ABOVE—even if you don't want to—at least just for one day.